

ISSUE # 4

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## CMI SAFETY BULLETIN

### NEW AT CMI:

- We have been working on new employee orientation videos for several clients, the videos vary in length and are specific to the client's safety environment and needs.
- Our Bullex Fire Training Unit has been used at a safety expo – sponsored by Federal OSHA in Buffalo, NY with great response.

The door  
to safety  
swings on  
the  
hinges of  
common  
sense !!!

### JPK CORNER

With the summer time upon us and a busy work schedule for most, we tend to be easily distracted. This is great if you're sitting in a lawn chair drinking a cool ice tea or lemonade, but not if you're operating equipment or driving a vehicle.

Over the last two years I have logged close to 100,000 miles driving to client locations throughout the Northeast, and yes – I have a cell phone and get emails on my Blackberry. Knocking on wood as I say this.... I have not been in an accident or had a near miss

situation. I realize that my greatest hazard is driving and have taken steps to minimize the risk. CMI requires its employees to attend a defensive driving course and constantly talks to consultants about driving hazards and distractions.

I have found myself stopping and taking short naps when traveling home from a day of training, especially in the afternoon or early evening. Usually, if the training class is outside

a 2 hour drive window, we will travel the night before and get a hotel room to avoid early morning fatigue hazards.

**Please pay attention and use good judgment when driving**  
**- Your life and the lives of others depends on it!**

Be Safe!!



Jeffrey P. Koch  
President, CMI

### NEW OSHA INFORMATION

**To follow the hyperlink, press your CTRL key as you click on the link.**

**NATIONAL**— 3/6/08  
*Combustible Dust Safety & Health Topics Web Page:*

Helps employers address

hazardous combustible dust issues.

[www.osha.gov/dsg/combustible\\_dust/index.html](http://www.osha.gov/dsg/combustible_dust/index.html)

**MAY 2008**—**OSHA announces** they will

focus on approximately 3800 high-hazard work-sites in their 2008 site specific targeting plan for inspections.



### SHIFT-WORK SAFETY

Multiple shift operations carry with them safety and health issues that surpass those experienced by daytime work shifts. Here is a list, from Circadian 24/7 Workforce Solutions, that can help address some of the issues.

- Periodically supervise the nightshift—

for insight on ways to improve safety.

- Evaluate the work environment—review for factors that contribute to fatigue—dim lighting, poor airflow, temps >70°.
- Put shift-work on the agenda—make sure there is a shift representative at your safety meeting.

OVER

# SHIFT-WORK SAFETY (continued)

- Teach workers about sleep & napping
- Permit several short breaks - every few hours allow a 10-15 minute break
- Assess the schedule—try to minimize backward rotations and >4 consecutive 12hr shifts.
- Monitor overtime—“sleep debt” is created from several days of insufficient sleep.
- Standardize shift change procedure—ensure smooth transitions.
- Watch out for “The Wall” - 4-6am are generally the hardest and riskiest hours of the night.
- Don’t forget the drive home.
- Provide shift-work lifestyle training—inform of health & safety challenges.

*It's better to correct an unsafe friend than to bury one !*

## RECENT OSHA CITATIONS

### REGION 2

#### BUFFALO, NY:

[Walden Galleria Mall Construction](#): 11 contractors have been cited for numerous fall hazards—they face a combined fine of over **\$135,000**.

#### WESTCHESTER COUNTY, NY:

An OSHA inspection was conducted after an inspector, *while driving by a worksite*, noticed a cave-in hazard. [4 contractors](#)

have been issued proposed fines totaling **\$130,600**.

#### FAIRPORT, NY:

[Arctic Glacier Inc.](#), an ice manufacturer, has been cited for numerous hazards regarding hazardous chemicals in their refrigeration system, exit access & forktrucks. They face proposed fines of **\$90,000**.

a metal treating plant, with 33 serious safety violations—a proposed fine of **\$121,800**, following a fatal fire at their facility.

#### TOLEDO, OH:

**\$330,000** in fines have been proposed against [Sunoco](#), an oil refinery located in Oregon, Ohio.

### REGION 5

#### CINCINNATI, OH:

OSHA has cited [Trans-Acc Inc.](#),



## LET’S LEARN FROM OTHER REGIONS

### REGION 4

GEORGIA—Bibb County—Lewis Goodwin, 21 years old, dies when he reached under a machine to pick a marker up—he became caught in the machine and died from blunt force trauma to the head.

FLORIDA—Howard Fertilizer & Chemical Co.—issued **\$236,000** in proposed fines for failure to address previously

cited hazards involving fall protection, LO/TO procedures, machine guarding, and electrical among others.

### REGION 1

MAINE—2 contractors, J&S Carpentry and Irving Equipment have been issued proposed penalties of **\$32,000 & \$89,500** respectively, following a worker’s electrocution when a crane made contact with an energized 7,200 volt power line.

#### SALEM, MASSACHUSETTS

Salem Harbor Power, a coal fired plant, has been cited following the death of 3 employees in Nov. 2007. The men were surrounded by steam, which approaches 600°F, when a water tube on a boiler, approx. 20 feet above them ruptured. This area had not been inspected in over 9 years.

